

## Executive Dashboards - Frailty Index

This report looks at a range of frailty indicators to score households that are susceptible to challenges during and post-pandemic due to their age, physical limitations, or health. This data is projected at the neighbourhood level.

Trade Area: Toronto, ON

The Trade Area for this report is Toronto, ON.

87

### FRAILITY INDEX\*

Here, the average Frailty Index for the Trade Area (Toronto) is below average at **87**. This value is benchmarked to the province of Ontario.

Overall, key frailty indicators are below average for the households in the Trade Area (Toronto) when compared to the households in the benchmark (Ontario). The exception here is Average Household Income which is 12% higher than the benchmark of Ontario (Index of **112**).

Index Colours: <80 80 - 110 110+

Population 65-74



8.7%  
Index: 86

Population 65-74



4.6%  
Index: 86

Population 85+



2.1%  
Index: 89

Average Household Income



\$125,223  
Index: 112

Fair or Poor Health (Self-Perceived)



12.3%  
Index: 90

Low Physical Activity



22.0%  
Index: 100

At-Risk Conditions - Asthma



7.2%  
Index: 85

At-Risk Conditions - COPD



2.7%  
Index: 60

At-Risk Conditions - Heart Disease



3.8%  
Index: 71

At-Risk Conditions - Cancer



1.1%  
Index: 72

At-Risk Conditions - Diabetes



7.6%  
Index: 96

At-Risk Conditions - High Blood Pressure



16.9%  
Index: 88

For each of the variables, there is a percentage and Index value that correlates to the population or households within the Trade Area (Toronto).

**Note:** The Average Household Income variable is represented in dollars instead of a percentage.

Here, **2.7%** of the household population in the Trade Area (Toronto) reported that they have a Chronic Obstructive Pulmonary Disorder (COPD).

The household population in the Trade Area (Toronto) is 40% (Index of **60**) less likely to have someone with a Chronic Obstructive Pulmonary Disorder (COPD) when compared to the household population in the benchmark (Ontario).